

Chin Na The Grappling Art Of Self Defense

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Chin Na The Grappling Art

Hong Kong's Sasha Palatnikov says 'I'll be back' after suffering second-round submission defeat by Impa Kasanganay at UFC on ABC 2.

UFC: Sasha Palatnikov says Impa Kasanganay 'didn't want to strike with me'

Chin: I'm glad we're finally talking about food! It's funny, when talking about this book I've [spoken] a lot about the Great Famine and Chinese art, but very little about watercress!

In Conversation: Andrea Wang and Jason Chin

Liang falling into that category growing up resulted in her parents sending her to a martial arts school where she took up Wushu. Eventually, the Longyun MMA product transitioned to wrestling and ...

Finding the Perfect Moment: Liang Na and the Patient Path to the UFC

"Iron Chin" Rodtang Jitmuangnon is being featured in a special Muay Thai catchweight bout. And also on the card: Oumar "Reug Reug" Kane, a Senegalese wrestling champion whose two MMA ...

ONE Saves 'Reug Reug' Fight After Last Minute Cancellations

The Igorots, an ethnic group living in the mountains of Cordillera, north of the Philippines, are known for possessing the "warrior spirit" that made them overcome the adversities of life.

'Warrior spirit' source of strength for Igorot athletes

Rodtang is one of the hottest strikers on the planet according to Chatri Sityodtong, fights Muay Thai on April 7, but could turn to MMA in the future.

Muay Thai sensation Rodtang told One Championship boss Chatri Sityodtong that he wants to fight in MMA

Trump, referred to the coronavirus as an "imported virus from Chy-na." "Place your order while ... in Detroit with the killing of Vincent Chin, who was a Chinese-American man who lived ...

Atlanta Shootings Live Updates: Suspect Had Visited Targeted Spas Before, Police Say

Daniel Cormier (22-3, 1 NC) [2] Cormier had a chance to end his mixed martial arts tenure in style at ... seemed likely that Blaydes would use his wrestling to overwhelm Derrick Lewis in the ...

Sherdog's Official Mixed Martial Arts Rankings

Team Lakay's Lito Adiwang is confident to shoot for the win when he faces top-ranked world strawweight Jarred Brooks in ONE on TNT II at the Singapore Indoor Stadium on April 14.

Adiwang to showcase improved wrestling, classic striking against Brooks

AN 85-YEAR-OLD self-proclaimed kung fu master, Lazarus Mambo, says he is keen to use his 40 years' experience in martial arts to contribute to the fight ... by internationally recognised kung fu ...

Kung fu master (85) joins GBV battle

The comment reinforced the feeling the 27-year-old art school student said she has had ... Perhaps not since the 1982 murder of Chinese American Vincent Chin in Detroit by two autoworkers ...

The Collective Trauma of Anti-Asian Hate: We Talk to 5 Mental Health Experts

It sparked an idea for Thomas, who had been grappling with the proliferation ... co-founder of Wa Na Wari, and grandson of the scholar and author Charles Johnson. Charles Johnson and Thomas ...

Barbara Earl Thomas' 'The Geography of Innocence' exhibit at SAM invites transformation

More than just training for Topakk, a movie being produced by MMA (Mixed Martial Arts) instructor/fight-sequence ... physically and mentally, for a time grappling with mental-health issues.

Martial arts training as therapy

Photo: Jeremy Long SINGAPORE: Kuik Swee Boon was visibly emotional as he stood on stage at the Festive Arts Theatre in Our ... Jeremy Long While the company was grappling with the loss of revenue ...

Despite struggling to draw digital audiences, a dance company persists in the pandemic

China's Li Na is the first Asian tennis player to be a ... He is also an investor in African art and started a private equity mezzanine fund, Penta Capital. Gary Player racked up \$14 million ...

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